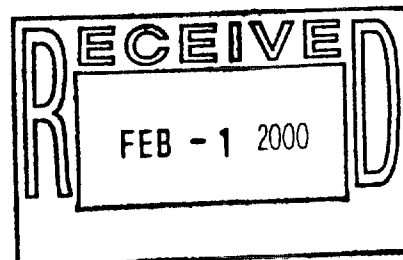


8012 '00 FEB -8 P2:01

Office of Special Nutritionals
(HHS-450)
Center For Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, DC 20204



Dear Office of Special Nutritionals:

Notice pursuant to 21 U.S.C. 343 (r) (6)

Matrix Health Products makes the following notification:

1. Name and Address of Distributor:

MATRIX HEALTH PRODUCTS INC.
9316 Wheatlands Road
Santee, CA 92071

2. Text of Statement Being Made:

Each of the Herbs in MENO-SELECT has been Carefully selected for their traditional safe and swift ability to help you feel your best during your transitional time.

3. Name of Dietary Ingredients:

Black Cohosh, Sarsaparilla, Eleuthero, Wild Yam, Chastetree, Damiana.

4. Name of Dietary Supplement:

MENO-SELECT

I, Steven Kravitz, certify that the information contained in this notice is complete and accurate, and Matrix Health Products has substantiation that the statement is truthful and not misleading.

Dated: Jan. 10 '00

979 - 0162

By: Steven Kravitz
Steven Kravitz
President, Matrix Health Products

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